

Believers

RDA

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Introduction

Life is daily. People normally have a daily physical routine that includes working, eating, and sleeping. Having a routine for our spiritual life is also important. We always have time for what we consider important. Here are some *Recommended Daily Allowances* for your spiritual health.

These are guidelines for disciples of Jesus Christ who desire to grow spiritually — which should not be allowed to become legalistic bondage. God's Word should make us free — not put us in bondage.

However, we cannot expect our flesh to rejoice about feeding our spiritual nature. To walk in the spirit and grow spiritually, as God intends, requires us to go against the flow of this world system. It *will* take effort.

God will *not* love you more because you follow these guidelines. They are recommended for your benefit — not required to make God love you. However, without following them your spiritual development will be slowed.

Jesus taught that God's Word is a seed (Luke 8:11). Plant the seed of God's Word in your life and you will reap blessings, if you don't give up (Galatians 6:9).

In Joshua 1:7-9, God gave instructions for success. They will still work for you today. It is not enough to read God's Word. You must also speak it, meditate on it, and act on it. By speaking it and hearing it, you plant it in your heart. Meditating on God's Word helps you to “digest” it — getting its full benefit.

The promise of Jesus in John 8:31-32 is for you. If you continue in the Word of God, you will know the truth, and the truth will make you free! Only those who continue in God's Word come to the place of knowing called faith. Faith is not trying to believe. Faith is knowing.

Faith comes by hearing the Word of God (Romans 10:17). *Nothing will build your faith as quickly as speaking God's Word.*

However, faith and spiritual growth should not be our main focus. They only enable us to walk with God and serve others in His Name. A growing love for God, and acts of loving service (ministry) to those near-by should be the fruit of our spiritual growth.

“Jesus said to him, ‘You shall love the Lord your God with all your heart, with all your soul, and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbor as yourself.’ ” (Matthew 22:37-39)

Jesus is Lord!

<http://www.believers.org>

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Make Multiplying Disciples!

Matthew 28:19-20

2

4

8

16

32

64

128

256

512

1,024

2,048

4,096

8,192

16,384

32,768

65,536

131,072

262,144

524,288

1,048,576

2,097,152

4,194,304

8,388,608

16,777,216

Prayer Guidelines

Prayer is communication with God. Talking with Almighty God is the greatest privilege you have.

God desires a growing relationship with you. Communication is essential for a relationship to develop. Involve God in every part of your life: every decision and every action. In that sense you should pray without ceasing — always being in communication with God.

However, we need special prayer times focused completely on the Lord. He is worthy of our time and attention — and we require this time with Him to develop spiritually.

Remember the instruction given in Psalm 100:4, “Enter into His gates with thanksgiving, and into His courts with praise.” If you seem to run out of words to praise God, use some of the Psalms, or praise and give thanks in tongues (1 Corinthians 14:16-18).

Many use the model prayer our Lord gave in Matthew 6:9-13 as a guideline for their special daily prayer time. Some of the principles taught are:

- You are praying to your Father.
- First worship and honor God.
- Pray that God's will be done before praying about your own or others' needs.
- Ask for God's forgiveness and help.
- Finish by praising God.

During times of prayer many find it helpful as a memory aid to have a prayer list of people and things to pray for. Also, keeping a journal of your prayer requests and answers is beneficial and will bless you tremendously as the years go by.

Always base your prayer on Scripture. Scripture is God's answer. Receiving from God in prayer involves taking His answer (His Word) to Him and receiving your request by faith.

Also, every believer should develop the habit of praying much in tongues. This not only edifies you spiritually (1 Corinthians 14:4, Jude 1:20), but allows you to pray with a wisdom beyond your ability and knowledge (Romans 8:26-27).

Pray Before Bible Reading

The Bible is alive. You will miss vast riches without the Lord opening your understanding and revealing His Word to you. Always ask God to teach you as you approach His Word.

1 CORINTHIANS 2:14 NKJ

14 But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know them, because they are spiritually discerned.

LUKE 24:45 NKJ

45 And He opened their understanding, that they might comprehend the Scriptures.

Some Scriptural Prayers

I pray for _____ that they would receive Jesus Christ. (John 1:12)

I pray for _____ that they would receive the Holy Spirit. (Acts 8:15)

I pray that the gospel of the kingdom will be preached in _____ as a witness to all. (Matthew 24:14)

Lord, grant to Your servants in _____ that with all boldness they may speak Your word. (Acts 4:29)

I pray that You would stretch out Your hand to heal, and that signs and wonders may be done through the name of Jesus in _____. (Acts 4:30)

I pray that the light of the glorious gospel of Christ may shine on the people in _____. (2 Corinthians 4:4)

Lord, pour out Your Spirit on all flesh in _____. (Acts 2:17)

I pray that the eyes of people in _____ would be opened and they would turn from darkness to light. (Acts 26:18)

Lord, open the eyes of the people in _____, that they may see wondrous things from Your Word. (Psalm 119:18)

I pray that laborers would be sent out in _____, anointed by the Holy Spirit, equipped and supplied with everything they need to proclaim the Word of God boldly and effectively in Jesus' Name. (Matthew 9:38)

I pray that at the name of Jesus every knee would bow in _____, and that every tongue would confess that Jesus Christ is Lord, to the glory of God the Father. (Philippians 2:10-11)

I pray that _____ will be filled with the knowledge of the Lord, as the waters cover the sea. (Isaiah 11:9; Habukkuk 2:14)

Sample Prayer For Government Leaders

Father, in Jesus' Name I pray for all the leaders of our country, our judges, and all those in authority. I ask You to protect them from evil and guide them in Your plan.

Please surround them with people who give and receive good advice and do what is right in Your sight. Give them wisdom, knowledge and understanding, and guide them to judge righteous judgment and honor You.

Father, give us public officials of integrity who are not swayed by ungodly pressure groups. May godly and capable people remain in authority, but the wicked and ungodly be removed. Father lift up people who lift You up and remove from authority those who have removed You from their lives.

Prayer Journal

Request Date _____ Answer Arrival Date _____

Request _____

Scripture Foundation _____

Remarks _____

Request Date _____ Answer Arrival Date _____

Request _____

Scripture Foundation _____

Remarks _____

Request Date _____ Answer Arrival Date _____

Request _____

Scripture Foundation _____

Remarks _____

Request Date _____ Answer Arrival Date _____

Request _____

Scripture Foundation _____

Remarks _____

My Neighbors

● Names _____ Phone _____

Address _____

Children (and ages) _____

Interests _____

Misc. _____

● Names _____ Phone _____

Address _____

Children (and ages) _____

Interests _____

Misc. _____

● Names _____ Phone _____

Address _____

Children (and ages) _____

Interests _____

Misc. _____

Basic Confession

Jesus is my Lord. The devil has no power over me. (Matthew 28:18; Colossians 1:13)

In Jesus' Name I bind you satan and forbid you to bother me in any way. (Mark 16:17; James 4:7)

No weapon formed against me shall prosper. (Isaiah 54:17)

No evil or accident will happen to me. Neither shall any sickness come near me. God has given His angels charge over me to always keep me safe. (Psalm 91:10-11)

I fear no evil for You are with me Lord. (Psalm 23:4)

Greater is He that is in me than he that is in the world. (1 John 4:4)

Christ has set me free from the curse of sickness. By His wounds, I have been healed. (Galatians 3:13; 1 Peter 2:24)

The Lord is my Shepherd. I do not lack. (Psalm 23:1)

My God is supplying all I need. (Philippians 4:19)

I am a child of Almighty God. He loves me and takes good care of me. (Matthew 6:32-33; 7:11)

The Lord is my Helper. I will not be afraid. (Hebrews 13:6)

I can do all things through Christ Who gives me strength. (Philippians 4:13)

All things are possible to me. I have faith so nothing is impossible. (Matthew 17:20; Mark 9:23)

I am a forgiver. I am patient and kind. I walk in love. (1 Corinthians 13, Romans 5:5)

God gives me favor with people. (Acts 2:47)

Jesus has become my wisdom. (1 Corinthians 1:30)

I have the mind of Christ. (Philippians 2:5)

The Spirit of truth lives in me and teaches me all things. He guides me into all truth. (John 14:26; 16:13)

The Lord gives me wisdom and understanding. (Proverbs 2:6)

God is for me. (Psalm 56:9)

Love Confession

I am a child of God. God is love, therefore I am a child of Love. The love of God is poured out in my heart by the Holy Spirit (Romans 5:5), so:

(1 Corinthians 13:4-8a)

I am very patient and kind. I have good manners. I am never rude. I am never selfish. I do not insist upon having my own will.

I refrain from boasting. I am never puffed with pride. I do not look down upon others. I am not jealous of others' good fortune.

I do not hold grudges and hardly even notice if others do me wrong. I do not remember wrongs done against me. I do not nurse hurt feelings. I do not harbor revenge. I do not yield to anger or hate. I never get provoked. I am never irritated and never resentful. I can stand any kind of treatment. I have power to endure in anything.

I am never glad when others go wrong. I am loyal no matter what the cost. I stand true through every trouble. I always believe in people, always expect the best of them, and always stand my ground in defending them. I do not expose the faults of others.

I know how to be silent. I always protect. I am eager to believe the best about everybody. I never regard anyone or anything as hopeless.

I persevere in all circumstances. There is nothing I cannot face, there is no limit to my faith, my hope, and my endurance. I never give up. I never fail.

Jesus Is Lord!

Identification Confession

God made Jesus to be sin for me, that I might become the righteousness of God in Him. (2 Corinthians 5:21)

I have been crucified with Christ. I no longer live, but Christ lives in me. (Galatians 2:20)

The world has been crucified to me, and I to the world. (Galatians 6:14)

My former self was crucified with Him so I am no longer a slave of sin. (Romans 6:6)

I died with Christ. (Romans 6:8; Colossians 2:20; Colossians 3:3; 2 Corinthians 5:14)

I was buried with Christ. (Romans 6:4; Colossians 2:12)

I am dead indeed to sin, but alive to God in union with Christ Jesus. (Romans 6:11; Romans 6:5)

God made me alive with Christ. (Colossians 2:13; Ephesians 2:5)

I was raised to life together with Christ. (Colossians 3:1; Ephesians 2:6)

With Christ I am seated in heavenly authority. (Ephesians 2:6)

Guidance Confession

God will show me the path of life. (Psalm 16:11)

The Lord is my shepherd, I shall not lack. (Psalm 23:1)

God will instruct me and teach me in the way I should go. He will guide me with His eye. (Psalm 32:8)

My steps are ordered by the Lord. (Psalm 37:23)

Your word is a lamp to my feet and a light to my path. (Psalm 119:105)

I trust in the Lord with all my heart and lean not on my own understanding. In all my ways I acknowledge Him and He directs my paths. (Proverbs 3:5-6)

I shall hear a word behind me, saying, "This is the way, walk in it," whenever I turn to the right or the left. (Isaiah 30:21)

Thus says the Lord, my Redeemer, the Holy One of Israel: "I am the Lord your God, Who teaches you to profit, Who leads you by the way you should go." (Isaiah 48:17)

The Lord will guide me continually. (Isaiah 58:11)

I desire to do God's will so I shall know whether it is from God. (John 7:17)

I follow Jesus so I shall not walk in darkness, but I have the light of life. (John 8:12)

I hear Jesus' voice and He calls me by name and leads me out. Jesus goes before me and I follow him, for I know his voice. I will by no means follow a stranger. (John 10:3-5)

The Spirit of truth has come and He is guiding me into all truth. He will tell me things to come. (John 16:13)

I am led by the Spirit of God for I am a son of God. (Romans 8:14)

It is God Who works in me both to will and to do for His good pleasure. (Philippians 2:13)

I let the peace of God rule in my heart. (Colossians 3:15)

I will stand perfect and complete in all the will of God. (Colossians 4:12)

The God of peace will make me complete in every good work to do His will, working in me what is well pleasing in His sight, through Jesus Christ. (Hebrews 13:21)

Healing Confession

I serve the One Whose Name is, "I Am the Lord Who heals you." (Exodus 15:26)

Jesus is the Healer; satan is the oppressor. For Acts 10:38 says "God anointed Jesus of Nazareth with the Holy Spirit and with power, Who went about doing good and healing all that were oppressed by the devil."

Jesus Christ is the same yesterday, today, and forever. (Hebrews 13:8)

Because I am Christ's, I am a child of Abraham, and according to Jesus in Luke 13:16, I ought to be loosed from all bondage today (because God shows no partiality. Acts 10:34) (Galatians 3:7,29)

Jesus gave me authority over all the power of the enemy, and nothing shall hurt me. (Luke 10:19; Mark 16:17)

Christ has redeemed me from the curse of the law, which includes all sickness. So I forbid all sickness and disease in my body. (Galatians 3:13; Deuteronomy 28:61)

There shall nothing evil happen to me, neither shall any plague or sickness come near me. (Psalm 91:10)

I serve the Lord my God, and He blesses my bread, and my water, and He has taken sickness away from me. For Jesus, Himself, took my infirmities and bare my sicknesses away. (Exodus 23:25; Matthew 8:17)

Surely He has borne my sicknesses and carried my pains, yet we did esteem Him stricken, smitten by God, and afflicted. But He was wounded for my transgressions, He was bruised for my iniquities, the chastisement for my peace was upon Him, and by His stripes I am healed. (Isaiah 53:4,5; 1 Peter 2:24)

Christ my passover was sacrificed for me. So all sickness and death has to pass over me and my household. (1 Corinthians 5:7; Exodus 12)

The Lord has taken away from me all sickness. (Deuteronomy 7:15)

God sent His Word and healed me, and delivered me from destruction. (Psalm 107:20)

I will give attention to God's words, I will incline my ear to His sayings. I will not let them depart from my eyes. I will keep them in my heart. They are life to me for I have found them, and they are health, healing and medicine to all my flesh. (Proverbs 4:20-22)

Bless the Lord, O my soul, and forget not all His benefits: Who forgives all my iniquities, Who heals all my diseases, Who redeems my life from destruction, Who crowns me with lovingkindness and tender mercies, Who satisfies my mouth with good things, so that my youth is renewed like the eagle's. (Psalm 103:2-5)

Prosperity Confession

My way is prosperous and I am having good success. I delight and meditate in the Word of God day and night and keep it in my mouth. (Joshua 1:8; Psalm 1:2-3)

The Lord be magnified, Who has pleasure in the prosperity of His servant. (Psalm 35:27)

The Lord gives me grace and glory. No good thing does He withhold from me. (Psalm 84:11)

Wealth and riches are in my house. I reverence the Lord and delight greatly in His commandments. (Psalm 112:1,3)

My storehouses are filled with plenty. I honor the Lord with my possessions and with the first fruits of all my increase. (Proverbs 3:9-10)

I am willing and obedient and I do enjoy the good of the land. (Isaiah 1:19; 1 Timothy 6:17)

I have sought first the kingdom of God and His righteousness. Now all those things I had need of are being added to me. (Matthew 6:33)

I know the grace of my Lord Jesus Christ, that though He was rich, yet for my sake He became poor, that I, through His poverty, might be rich. (2 Corinthians 8:9)

God is able to make, and is making all grace abound toward me, that I, always having all sufficiency in all things, have an abundance for every good work. (2 Corinthians 9:8)

I am a child of God and a joint heir with Christ. (Romans 8:17)

My God is supplying all I need according to His riches in glory by Christ Jesus. (Philippians 4:19)

I have received abundance of grace and the gift of righteousness so I reign as a king in life through Christ Jesus. (Romans 5:17)

I trust in the living God Who gives me richly all things to enjoy. (1 Timothy 6:17)

I have given and it is being given to me: good measure, pressed down, shaken together, and running over. (Luke 6:38)

I am a tither. The devourer is rebuked for my sake. God has opened the windows of heaven and is pouring out for me such blessing that there will not be room enough to receive it. (Malachi 3:10)

In due season I shall reap. I do not give up. (Galatians 6:9)

God desires that I prosper and be in health even as my soul prospers. (3 John 2)

Spouse Confession

Jesus said:

MARK 11:23 NKJ

23 “For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will come to pass, he will have whatever he says.”

Therefore, I say:

My _____ is a great help and blessing to me.

_____ is patient, kind, humble, smart, wise, pleasant, joyful, attractive, understanding, unselfish, faithful, honest, loyal, healthy, energetic, strong, accurate, dependable, a great _____, a great _____, and a great blessing to me.

_____ always walks and talks in faith and love.

_____ is growing in faith and in the knowledge of God's will.

_____ does me good and not evil all the days of _____ life.

_____ desires to do God's will.

_____ loves me, respects me, trusts me, and desires to please me.

Children Confession

Christ redeemed my children from the curse of the law, that the blessing of Abraham might come on them in Christ Jesus. (Galatians 3:13-14)

My descendants will be mighty on earth and will be blessed. Wealth and riches will be in my house. (Psalm 112:2-3)

God will pour His Spirit on my descendants, and His blessing on my offspring. (Isaiah 44:3)

My children make the Lord their refuge, even the Most High their habitation, so no evil shall befall them, nor shall any plague come near their dwelling; For He shall give His angels charge over them, to keep them in all their ways. (Psalm 91:9-11)

All my children shall be taught by the Lord, and great shall be the peace of my children. In righteousness they shall be established; they shall be far from oppression, for they shall not fear; and from terror, for it shall not come near them. (Isaiah 54:13-14)

I have righteous, wise children so I will greatly rejoice, and delight in them. (Proverbs 23:24)

My children are holy. (1 Corinthians 7:14)

My children flee youthful lusts; but pursue righteousness, faith, love, and peace. (2 Timothy 2:22)

I teach God's Word diligently to my children. (Deuteronomy 6:7)

I train up my children in the way they should go, and even when they are old they will not depart from it. (Proverbs 22:6)

I love my children so I discipline them promptly. (Proverbs 13:24)

I do not provoke my children to wrath, but bring them up in the training and admonition of the Lord. (Ephesians 6:4)

I correct my children and they pay me respect. (Hebrews 12:9)

I rule my own house well, having my children in submission with all reverence. (1 Timothy 3:4)

My children heed their parent's instruction and give attention to know understanding. (Proverbs 4:1; 13:1)

My children obey their parents in all things. (Colossians 3:20)

My children honor their father and mother, so it will be well with them and they will live long on the earth. (Ephesians 6:2-3)

Ephesians 4:29 Confession

(NKJ) I let no corrupt communication proceed out of my mouth, but what is good for necessary edification, that it may impart grace to the hearers.

(TEV) I do not use harmful words in talking. I use only helpful words, the kind that build up and provide what is needed, so that what I say will do good to those who hear me.

(NIV) I do not let any unwholesome talk come out of my mouth, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

(Jerusalem) I guard against foul talk; I let my words be for the improvement of others, as occasion offers, and do good to my listeners,

(NEB) No bad language must pass my lips, but only what is good and helpful to the occasion, so that it brings a blessing to those who hear it.

(RSV) I let no evil talk come out of my mouth, but only such as is good for edifying, as fits the occasion, that it may impart grace to those who hear.

(Phillips) I let there be no more foul language, but good words instead — words suitable for the occasion, which God can use to help other people.

(Living) I don't use bad language. I say only what is good and helpful to those I am talking to, and what will give them a blessing.

(New Life) I watch my talk! No bad words should be coming from my mouth. I say what is good. My words should help others grow as Christians.

(CEV) I stop all dirty talk. I say the right thing at the right time and help others by what I say.

Neighborhood Confession

My neighborhood includes_____.

Jesus is Lord of my neighborhood! The devil's power is broken in my neighborhood!

In Jesus' Name I say the people of my neighborhood: are receiving Jesus Christ as Lord and turning away from sin; are hungry for God's Word and believe it; are prospering spiritually and materially; are supporting and actively participating in their local churches; are reverencing God and His Word.

In Jesus' Name I say my neighbors are walking in harmony and love; are filled with God's wisdom; are led by the Spirit of God; are growing spiritually; are prospering in every way.

In Jesus' Name I say my neighborhood is free from crime and illegal drugs. It is free from robbery, rape, kidnapping, and murder. The devil and all his forces cannot operate in my neighborhood.

The light of the glorious gospel of Christ is shining into the hearts and minds of all my neighbors. All the people in my neighborhood are being saved, healed, and filled with the Holy Spirit. God is at work in my neighborhood every day.

Jesus is Lord of my neighborhood!

Psalm 91 Confession

1. I dwell in the secret place of the Most High so I abide under the shadow of the Almighty.
2. I will say of the Lord, “He is my refuge and my fortress; My God, in Him I will trust.”
3. Surely He shall deliver me from the snare of the fowler and from the perilous pestilence.
4. He shall cover me with His feathers, and under His wings I shall take refuge; His truth shall be my shield and buckler.
5. I shall not be afraid of the terror by night, nor of the arrow that flies by day,
6. Nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday.
7. A thousand may fall at my side, and ten thousand at my right hand; but it shall not come near me.
8. Only with my eyes shall I look, and see the reward of the wicked.
9. Because I have made the Lord, who is my refuge, even the Most High, my habitation,
10. No evil shall befall me, nor shall any plague come near my dwelling;
11. For He shall give His angels charge over me, to keep me in all my ways.
12. They shall bear me up in their hands, lest I dash my foot against a stone.
13. I shall tread upon the lion and the cobra, the young lion and the serpent I shall trample under foot.
14. Because I have set my love upon Him, therefore He will deliver me; He will set me on high, because I have known His name.
15. I shall call upon Him, and He will answer me; He will be with me in trouble; He will deliver me and honor me.
16. With long life He will satisfy me, and show me His salvation.

Bible Study Guidelines

Study can include whatever you do that examines the Bible — reading, meditation, memorization, word studies, character studies, topical studies, book studies, etc.

Your daily devotional time should include time spent on: Prayer, Bible Confession, and Bible Study. God's Word will dwell in you if you dwell in it.

COLOSSIANS 3:16 NKJ

16 Let the word of Christ dwell in you richly . . .

Read (and/or Listen)

Confess

Meditate

Memorize

Study

Reading the Bible is the foundation of spiritual growth. (If you have no access to a Bible, God does not expect you to read it. He will reveal Himself to those who seek Him in another way. More is required from those to whom more is given, so if you have access to a Bible you must read it, or have it read to you.)

Confessing (speaking) God's Word is commanded for Christians. Why?

- Faith comes by hearing words.
- Words are seeds planted that produce results after their kind.
- God promises that we will prosper and succeed if we do so.
- Authority is exercised by words. Authority unused gives no advantage.

Meditation of God's Word involves focusing and thinking deeply on it. This should include speaking, thinking, and imagination. (Speaking it helps keep your thoughts from drifting.) Think about the Scripture passage. Mutter it to yourself. Turn it over in your mind. Think about how this will change things. Imagine things being that way in your life. Emphasize each different word in the passage in turn, as you speak it. Meditating Scripture benefits you tremendously.

Plan to memorize at least one new scripture each week. Write the scripture on a small card which you can easily carry in your pocket. Then you can use spare moments during the day to memorize and meditate it. Memorizing scripture stores it in your mind making it available for meditation at any time. Because speaking God's Word is our spiritual weapon (Ephesians 6:17), we need to have it available in memory for use at any time — just like Jesus did.

If you are fortunate enough to have access to an audio version of the Bible, listening to the Bible makes it easy to feed in large amounts of Scripture. *The more you expose yourself to the Bible, the more it will expose itself to you.*

Bible Reading Record

Genesis 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50

Exodus 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
33 34 35 36 37 38 39 40

Leviticus 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27

Numbers 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
32 33 34 35 36

Deuteronomy 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
31 32 33 34

Joshua 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

Judges 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21

Ruth 1 2 3 4

1 Samuel 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2 Samuel 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

1 Kings 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22

2 Kings 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25

1 Chronicles 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

2 Chronicles 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
31 32 33 34 35 36

Ezra 1 2 3 4 5 6 7 8 9 10

Nehemiah 1 2 3 4 5 6 7 8 9 10 11 12 13

Esther 1 2 3 4 5 6 7 8 9 10

Job 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33
34 35 36 37 38 39 40 41 42

Psalms 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63
64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94
95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117
118 119 120 121 122 123 124 125 126 127 128 129 130 131 132 133 134 135 136 137 138 139
140 141 142 143 144 145 146 147 148 149 150

Proverbs 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Ecclesiastes 1 2 3 4 5 6 7 8 9 10 11 12

Song Of Solomon 1 2 3 4 5 6 7 8

Isaiah 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63
64 65 66

Jeremiah 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52

Lamentations 1 2 3 4 5

Ezekiel 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48

Daniel 1 2 3 4 5 6 7 8 9 10 11 12

Hosea 1 2 3 4 5 6 7 8 9 10 11 12 13 14

Joel 1 2 3
Amos 1 2 3 4 5 6 7 8 9
Obadiah 1
Jonah 1 2 3 4
Micah 1 2 3 4 5 6 7
Nahum 1 2 3
Habakkuk 1 2 3
Zephaniah 1 2 3
Haggai 1 2
Zechariah 1 2 3 4 5 6 7 8 9 10 11 12 13 14
Malachi 1 2 3 4

Matthew 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
Mark 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
Luke 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24
John 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21
Acts 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
Romans 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
1 Corinthians 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
2 Corinthians 1 2 3 4 5 6 7 8 9 10 11 12 13
Galatians 1 2 3 4 5 6
Ephesians 1 2 3 4 5 6
Philippians 1 2 3 4
Colossians 1 2 3 4
1 Thessalonians 1 2 3 4 5
2 Thessalonians 1 2 3
1 Timothy 1 2 3 4 5 6
2 Timothy 1 2 3 4
Titus 1 2 3
Philemon 1
Hebrews 1 2 3 4 5 6 7 8 9 10 11 12 13
James 1 2 3 4 5
1 Peter 1 2 3 4 5
2 Peter 1 2 3
1 John 1 2 3 4 5
2 John 1
3 John 1
Jude 1
Revelation 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22

The Bible contains 1189 chapters: 929 in the Old Testament and 260 in the New. Reading 3 chapters each day and 5 chapters on Sundays will cover the entire Bible in one year. Follow some plan. Even one chapter each day will cover the New Testament in only 9 months. God's Word is alive. The more you expose yourself to it, the more it will expose itself to you.

